

Vol. 83, No. 35

Published for the Fort Dix Community since 1942

September 12, 2008

NEWSNOTES

Biometrics boost security

Jersey Guard hosts Annual Unity Day

The New Jersey National Guard will host the Tenth Annual Unity Day Sept. 18 from 11:30 a.m. to 3:30 p.m. at the Joint Training and Training Batte Lab on For Dix. Everyone is invited to join the celebration of diversity in music, food, dance and a scavenger hunt.

Dix, area reps to sign Community Covenant

Community Coverant
Fort Dix will join with representatives from local communities Sept. 16 to sign the Army
Community Covenant, a formal
commitment of support by local
communities to Soldiers and
their families. The event will be
hosted by Wrightstown at the
Elementary School Audiorium
at 10 am. Communities that
enter the communities that
the strength of their families, the
the strength of Soldiers comes
from the strength of families is
supported by the strength of the
Community and that the strength
of the Community comes from
the support of employers, educators, civic and business leaders
and its citizens.

Civil Affairs, PSYOPS instructors wanted

instructors wanted

Do you have recent Civil
Affairs or Psychological Operations experience in the theater
of operations? Do you want to
share that experience and your
professionalism as a TASS
Instructor? The 5th Battalion
(CAPPO), 37d Brigade (CAPPO),
100 Division, 80th TNG Command has E-5 through E-7
instructor slots for qualified Soldiers. If you believe you have
what it takes to be a member of
the TASS instruction team, contact Maj, Michael G, Floru, S-3,
5th Battalion, at michaelg, floru
@ us.army.mil.

WEATHER

FRIDAY -- Chance of light rain showers with thunder, high of 77 degrees and overnight low of 63.

SATURDAY -- Chance of light showers, breezy with winds from the southeast, high of 78 and low of 65 degrees.

SUNDAY -- Thunder-storms likely in morning, light rain showers, high of 82 and overnight low of 63 degrees.

MONDAY -- Morning rain, daytime high of 80 degrees and low of 58.

TUESDAY -- Clear and cooler, high of 72 degrees, overnight low of 53.

WEDNESDAY -- Continued cooler, high of 65 degrees and overnight low of 50.

THURSDAY -- Cloudy, clearing into evening, day time high of 67 degrees.



Sustainment Brigade unfurls unit colors, honors long history

ROMOPS IONG MISTOPY
Col. Halvor Adams, 77th Sustainment Brigade Commander,
left, presents Brig. Gen. Gregory
Couch, Commanding General,
316th Sustainment Command
with a plaque containing a Certificate of Excellence for leadership and tireless support. For
more on the standup of the new more on the standup of the new unit, see page 11.



Staff Sgt. Pascual Flo

Retirees welcome at annual info event

Military retirees of all services an Military retirees of an services are invited to the annual Fort Dix Retiree Appreciation Day Sept. 20 at Timmermann Center.

The doors will open to retirees and

their families at 8 a.m.
A buffet continental breakfast will A buffet continental breakfast will be available, compliments of AUSA. The County Fair of information booths will be available to provide retirees with handouts on current benefits and programs, information on local programs and simple medical screenings. screenings.

The formal ceremony will begin a The formal ceremony will begin at 10 a.m. with the posting of the colors by members of the the Lenape High School Junior Reserve Officer Training Corps.

Keynote speaker will be Sgt. Maj. (Ret.) Leroy A. Bussells, assistant director for retiree affairs, Associations of the color of the colo

tion of the US Army

Bussells, an expert in the personnel field, was drafted into the United States Army in 1970.

He began his military career at Fort Campbell, Kentucky. During his Fort Campbell, Kentucky. During his career, he served in various assign-ments throughout the United States and overseas, to include Vietnam, Germany and two tours in Korea. Bussells retired from the Army after 30 years of service, and contin-ues to serve the military community through big more than 118 community.

through his work with AUSA.

The Retiree Appreciation Day is hosted by the Directorate of Human Resources Military and the Fort Dix Retiree Council.



ID CHECK — Coast Guard Port Security Specialist 2nd Class Jason Carty prepares to test are unknown substance during Hazardous Material Categorization (HAZCAT) training, Sept. 8 at Dix.

Coast Guard adds chemistry to hazardous material training

Ryan Morton Public Affairs Staff

Public Affairs Staff

Fort Dix offers training to all military — Soldiers, Sailors, Airmen, Marines, and Coast Guard Ves, the Sailors, Airmen, Marines, and Coast Guard Ves, the sets' Guard has a significant presence here as Fort Dix is the headquarters for the Atlantic Strike Team (AST), which is part of the Coast Guard's National Strike Force.

It's an elite unit comprised of more than 40 active duty and 33 reserve Coast Guardsmen and women who train and remain ready to deploy at a moments notice to different areas across the country such as Maine, Min-

nesota, Virginia, Puerto Rico, and the U.S. Virgin Islands.

lands.
In an unusual class Sept. 8, ten members of the AST

Missing, detained warriors lauded





Training brings team-building bliss



Facts can prevent deaths

E. Jamina Steele
Army Behavioral Health Services
What can you do to save a life?
What can you do to save a life. Know the facts about suicide not the rumors or myths. Show you care about suicide and they will be adding the same and depression. Genuinely listen to what they have to say.

Myth: People who talk about suicide are only trying to service and service. They are in pain and often don't see a way out of the pain. They reach out because they do not see hope to extend the pain. They reach out because they do not see hope to more map speciatric disorders that end in suicide are smally bisorder. Substance Abuse.

Myth: Once a person attempts suicide are may be them from trying again.
Fact: The most common psychiatric disorders that end in suicide are the most common psychiatric disorders that end in suicide are busided with the person becomes exeriously depressive Disorder, Bipolar Disorder, Substance Abuse, Schizophrenia, and Jor Personality Disorders, all of which can be recurring ill research the first of which can be recurring ill research the people with depression and sturible and the person become seriously depressive Disorder, Ripolar Disorders, all of which can be recurring ill research the people with depression may be people with depression may be an adding the personal to the pain. They reach out because they do not see hope to the pain. They reach out because they do not see hope to the pain. They reach out because they do not see hope to the pain. They reach out because they do not see hope to the pain. They reach out because they do not see hope to the pain. They reach out because they do not see hope to the pain. They reach out because they do not see hope to the pain. They reach out because they do not see hope to the pain. They reach out because they do not see hope to the pain. They reach out because they do not see hope to the pain. They reach out the pain. They rea

This newspaper is an authorized publication for members of the military. Contents of The Post are not necessarily official views of, or endorsed by the U.S. Government, Department of Defense, Department of the Army, or Fort Dir. It is published weekly by the Public Affiars office, Fort Dix, AFEC FA-PA-CI, Fort Dix, N.J. 08640-5075, (609) 562-5037. Circulations 9,400. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to nace, color, religion, sex, national origin, age, martial status, physical landicap, poficial affiliation, or any often one-merit factor of the purchaser, user or patron. If a violation or rejection of non-merit factor of the purchaser, asser or patron. If a violation is corrected, all editorial content of The Post is prepared, edited, provided, and approved by the Public Affairs office of Fort Dix. The Post is printed by The Burlington County Times, Inc., a private firm in no way connected with DA, under exclusive written contact with Fort Dix. The printer is responsible for commercial advertising.

not constitute endorsement by the Department of the Army, or the Burling-ton County Times, Inc., of the products or services advertised. Queries on news content will be answered by the Fort Dix Public Affairs Office. For ad-vertising call (609) 871-8087.

Visit Fort Dix on the Internet at http://www.

runic artiaris Officeri-ditor Carolee Nisbet
PAO Automation/Admin Veverly Wakfeifeld
PAO Media Relations Pascual J. Flores
PAO OpEd/Features Steve Snyder
PAO Community Relations Gerry Zanzalari
PAO Writer/Editor Jennifer McCarthy
PAO Writer/Editor Jennifer McCarthy
PAO Writer/Editor Lisa Evans
Fert Dis Public Affairs Office Contract Workers.
Jennifer Chupko, Wayne Cook, Ed Mingin, Ryan Morton

Iraq correspondents
1st Sgt. David Moore, Staff Sgt. Shawn Morris
both from 50th Infantry Brigade Combat Team (IBCT)

WE GUARANTEE DELIVERY of your Fort Dix Post

Kits vital to survival

Are you prepared to survive a natural or mammade disaster?
To fully prepare your family for an emergency, get to me or more emergency kits that include enough supplies for at least three days. Keep a kit prepared at home and consider at which are person per day for at least at work and a portable kersion in work and w

dren Any items necessary for a Maintaining Your Kits

* Poutingly evaluate your



that you may need:

Infant formula and diapers

Pets supplies, including food, water, medication, leash, travel case and documents

Reusable plates, paper cups, plastic utensits, saucepan and portable stove

Disinfectant

Matches or flint in awaterproof container

Sleeping bag or other weather-appropriate bedding for each person

A weather-appropriate bedding for each person

Coats, jackets and rain gear

Paper and pencil

Books, games, puzzles, toys and other activities for children

Any tioms necessary for a

* Any items necessary for a specific type of disaster Additional items that can be essential for those stationed abroad:

* Passports

* Passports

* Passports

* Cash in the local currency

* Card with local translations of basic terms

* Cash in the local currency

* Card with local translations of basic terms

* Cash in the local currency

* Card with local translations of basic terms

* Cash in the local currency

* Card with local translations of basic terms

* Cash in the local currency

* Card with local translations of basic terms

* Cash in the local currency

* Card with local translations of basic terms

* Cash in the local currency

* Card with local translations of basic terms

* Cash in the local currency

* Card with local translations of basic terms

* Cash in the local currency

* Cash with local translations of basic terms

* Cash in the local currency

* Cash with local translations of basic terms

* Cash in the local currency

* Cash with local translations of basic terms

* Cash in the local currency

* Cash with local translations of basic terms

* Cash in the local currency

* Cash with local translations of basic terms

* Cash in the local translations of basic terms

* Cash with local translations of basic terms

* Cash in the local currency

* Cash with local translations of water.

* Throw away and replace any expired or damaged medications, food or water.

* Throw away and replace any expired or damaged medications, food or water.

* Throw away and replace any expired o

American Red Cross

* American Red Cross— www.redcross.org/services/pre pare/0,1082,0_91_,00.html * Department of Homeland Security www.ready.gov/amer-ica/getakit/index.html

ica/getakit/index.html
* www.ready.gov/america/_downloads/checklist.pdf
* Federal Emergency Management Agency (FEMA)
It's up to you.
Prepare strong. Get an
emergency supply kit with
enough supplies for at least
three days, make an emergency
lan with your family and be three days, make an emergency plan with your family and be informed about what might

happen.
At the top of your plan At the top of your plan should be how you will com-municate with other family members in case of emergency and where you will meet if you are separated during an event.

POLICE LOG

Police Log is a weekly synopsis of significant police activ-ities developed from reports, complaints, incidents or infor-mation received and actions taken, for the week of Aug. 11 through 17.

nies aeveloped from reports, complaints, incuents or information received and actions taken, for the week of Aug. 11
through 17.

The abbreviation DoD stands for Department of Defense;
NAFD means Not Affiliated with Fort Dix (the subject doesn't live of work here); NCIC stands for National Crime Information Center; DWI means Driving While Intoxicated; CDS
means Countrolled Drug Substance; POV means Privately
Owned Vehicle, MAFB stands for McGuire Air Force Base;
USAY EC stands for Ambulatory Health Care Clinic (MAFB);
WHIBC cands for Virtua Memorial Hospital of Burlington
County, CPs stands for Checkpoint Number.

Country, CPs stands for Checkpoint Number.

Country, CPs stands for Checkpoint of Substands of August August

anothrievelactulan personsisy landsown man ontoce miny most a contractor trailer and also took fuel from an unsecured unik. Investigation continues of the property of the pro

e false.

•Police and emergency medical personnel responded to a

•Police and emergency medical personnel responded to a traffic accident on 8th Street Investigation revealed a vehicle, operated by a civilian NAFD, left the roadway on a turn and struck a fence. Both the fence and the vehicle sustained significant damage. The subject refused medical treatment and the vehicle was towed from the scene.
•Police and Fire Department personnel responded to a vehicle on fire at the mobile MOUT site. Investigation revealed that during training a smoke grenade had been thrown under a vehicle used for training. The vehicle was smoldering and a small fire was extinguished by the Fire Department.
•Police and Fire Department personnel responded to a fire alarm at Bldg. 5517. Investigation revealed no cause for the alarm.

●Police and Fire Department personnel responded to a fire alarm at Blug, 5517. Investigation revealed no cause for the alarm.

●Police responded to a request for assistance from Pemberton Township Police. Investigation revealed a large scale fight was in progress on Trenton Road in Browns Mills. Police assisted with crowd control without incident.

●Police and Fire Department personnel responded to an audible fire alarm at Bldg. 5952. Investigation revealed no cause for the alarm.

●Police responded to an incident on Doughboy Loop. Investigation revealed and removed the debris.

●Police responded to a traffic accident at the Main Shoppette. Investigation revealed a vehicle, operated by an Airman assigned to McGuire AFB, struck another vehicle. Both vehicles were backing from parking spots at the time. There were no reported injuries and the vehicles were released to the operators at the scale of the progression of the progression

thre alarm at 81dg. 4429. Investigation revealed the alarm was caused by a surge in the system.

•Police and Fire Department personnel responded to a fire alarm at 81dg. 5991. Investigation revealed the alarm had been inadvertently activated.

•There were three expired identification cards confiscated during the period.

There were eight Magistrate Court Citations issued for noving violations. DWI incidents remain at nine for the year.

Looking for the latest on Fort Dix activities? Watch WDIX Channel 2 TV

Kevin Thompson, left, and Cpt. Peter Webster, right, Installation Support Battalion (ISB) Operations Officer Maj. John McKee, hatless,



CALL TO ARMS — Master Sgt. Kathy LaMotta, front right, collects signatures from 1079th GSU Soldiers joue-line activation orders during their January 2003 drill weekend. More than 100 Soldiers from the 1079th were activated on Jan. 11, the third cycle to be called up since 971.



I.E.A.V. AND MEAN -- Mobilization Readiness Battalion (MRB) Command Sot. Mai. Howard Merritt. arm raised, leads his troops on a PT run. New antennation of the command season major for the 10°9th and
MRI fort Dis From August 2000 to November 2003. Beginning in October 2001 when many 10°9th
Soldiers were mobilized, Merrit became the Installation Support Battallon's first command sergeant



September 12, 2008 5

Frazier, right, was among 240 Soldiers from the 1079th who executed a mock mobilization exercise, Operation Optimal Focus, on March 4, 2000 at the Soldier Readiness Center on Baltimore Avenue here. The drill was designed to enhance Fort Dix's capacity to project military muscle across the globe. Such exercises kept Sol-diers from the 1079th, who were involved in processing, sharp enough to cut the mustard for the real thing after 9/11.

Saluting the pride of Fort Dix: A personal memoir of the 1079th Garrison Support Unit





those on active duty, from the 1079th spent count-less hours mastering both maintenance and marks-manship with their M-16 rifles.



HIGH FLYING – Stuff Sgt. Volanda Folston-Perry hangs on before plummeting into the net at the confidence course during a drill in the later part of 1999. The photo was featured in the Jan. 2000 issue of Saldiers magazine in an ar article entitled "This Is Our Army." And a 10°918 soldier was there!















MAJOR MUSTANG MAN OF THE WORLD -



OBSTICLE COURSE STORMARD FIRE WORLD —
MAJOR MUSTING, MAN OF THE WORLD —
MA

LITARY MATTERS

Pentagon memorial displays cost of freedom



Mall hosts Army Experience Center in Philadephia



MilitaryOneSource offers new service

DoD announced today that the military services, but it will the Military OneSource service offer another avenue of assistance for military facilities, the active state for military facilities, the phone number and e-mail address for service members and their families; if they have concerns or other difficulties the needs of our service members and their families; and their families; and their families; field the accommendating their recovery process. Service members and their families; and their families and their families; and their families and their families; and their familie

Guard wraps McGregor training

For more information visit http://fhp.osd.mil/pdhrainfo or the "PDHRA for Soldiers" page in AKO.

The opportunity to learn more about some of the common experiences Soldiers face after returning from operational deployments and how to address them.

Help in identifying your health and re-adjustment concerns early so you can resolve problems before they could manifest into something more ser

Peace of mind for your Family and loved ones, which is an important part of your own well-being Confidence in knowing that trained professionals will assist you in receiving any care you may need.



Coast Guard chemistry -

calls for it," he said.

This training, according to instructor, Michael Kotowski, emphasizes that detection is paramount in the process.

"Identifying the material is the most essential element in hazardous material response," he said.

With the process of the process of the said.

said.
With the range of testing

(continued from page 1) performed primary analysis Guardsmen and women gained many times we'll have to go in and other tests for ph and water an increased knowledge and and identify unknown drums solubility. These tests deter-understanding of what to look and chemicals. This kind of mined the composition of each for should a real world situaclass really helps us to be able of the substances and the Coast tion present itself.

This training according to the substances and the Coast tion present itself.



NEIGHBORHOO

THE CORNER

Operation Rising Star to held at the Club

To held at the Člub
Round One of the musical
competition, Operation Rising
Star will be held at Club Dix,
Sept. 12 at 7 p.m. To compete
singers must be Active Duty,
Reserve, National Guard or military family members at least 18
years old. Audience members will
have the opportunity to vote for
their favorite performance. There
will be cash prizes awarded to the
top three Fort Dix contestants.
Prizes will also be awarded to voting audience members. The second and third rounds of the competition will be held Sept. 19 and ond and third rounds of the com-petition will be held Sept. 19 and Sept. 26. A \$300 prize will be awarded locally for the most sup-portive Unit or Family Readiness Group. For more information call 562-6772.

Hispanic Heritage Festival coming to Doughboy Field

coming to Dougnuoy Field
The Fort Dix Hispanie Heritage Festival will be held Sept. 27
froom noon to 5 pm. at Doughboy Field. This event will feature
the live music of Raul Acosta and
Oro Solldo and special appearances by Frankie Negron, Irving
Noboa and Bachata Asurr and
comedy by Llegamos. The event
is free and open to the public.
Food and beverage will be available to purchase. For more information call 562-6772.

Television show tracing
Fort Dix history set to air
The PBS show, History Detectives will air a show on Sept. 15 at
9 p.m. about a World War II veteran from Chico, Calif. who owns a
unique souvenir from his time as a
young GI. While stationed at Fort
Dix Man Lease has nightless.

young GI. While stationed at rorr Dix, New Jersey, he picked up a 16-inch acetate recording of a promo for a soldier musical called "Hi Yank." The recording starts with a director's introduction explaining the musical is a "blueprint spe-cial" created by GIs for GIs to be cial" created by Gls for Gls to be performed anywhere in the world. Our contributor has heard of Unit-de Service Organization shows to support troops by boosting morale, but never a "blueprint special" musical. History Detectives meets with U.S. Army archivists and historians to find out if this disk was connected to the American war effort.

Job Fair set at Club Dix Sept. 17

Club Dix Sept. 17

The Job Fair Company and Fort Dix Employment Readmess program will host a recruiting fair Sept. 17 from 10 a.m. to 2 p.m. at Club Dix More than 20 businesses and agencies will be on hand seeking to fill wacancies. Those interested in attending should bring resumes and dress for the type of job they are seeking. For more information, call Donna Brady, 800-632-5532.

AFAP Conference

The Army Family Action Plan
Conference will be held Oct. 23 at
Timmermann Center. Members of
the Fort Dix community, Soldlers,
employees, family members, residents and retires are invited to let
Army leadership know what
works, what doesn't and what can
be done to fix it. Please submit
your comments to Fran Booth at
frances.booth@us.army.mil.

Thrift Shop accepting Fall clothing consignments

The Fort Dix Thrift shop is now accepting Fall clothing consignments. Consignments accepted Tuesdays and Thursdays from 10 a.m. to noon. Appointments are also available by calling 723-2683.

The Thrift shop is noon. The

723-2683. The Thrift shop is open Tuesday and Thursday from 10 a.m. to 2 p.m., the first and third Saturday from 10 a.m. to 2 p.m. and the first Wednesday of the month from 3 p.m. to 7 p.m. For more information call 723-2683.

Volunteers needed for speaking engagements

The Fort Dix Public Affairs
Office is looking for officer and
senior NCO volunteers to help us
in our community relations efforts
by becoming part of our speaker's
bureau. Please call Gerry Zanzalari at 562-4034 for more information.

Streets named to honor Soldiers

ANEIROS LANE



after the 20-year-old Soldier who died Aug. 1, 2004 in Iraq.

6, 1984, was from Lindenwold 2, 52 0904, in a roadside explosion. He Dixon died Aug. 1, 2004, when a is survived by his parents, Steve and bomb exploded near his guard post in. Rose, and his brother Jeff.

Samarra, Iraq, He was the youngest of five children, which include Kim, Male Shade, was born April 2, 1984.

Celesta, Alex Jr., and Mary.

Spc. Adam Froehlich, from Pine a route in Kirkuk, Iraq, He is survived Hill, was born May 10, 1982. He by his wife Melissa, daughter decided to join the Army after the Kadence, his father Russell, and his 9/11 terrorist attacks. He died March



Training Support Center

Wayne Cook Paming Support Conterpretable States of the Soldiers with the Laurel Hill housing area named in their memory. The families of the Soldiers were at the street naming ceremony, and were presented with a plaque replica of the actual street sign. The wife of Spc. Yoe M. Aneiros, Alexandra, left in above photo, her mother Alexandra Amabile, and her sister Raquel Salas; Edward and Krystyna Karolasz, parents of Staff Sgt. Edward Karolasz, above middle photo; and Steven and Rose Froethich, parents of Spc. Adam Froethich, stand in front of the street signs which bear the name of their Soldier.



Skies the limit with SKIES program

Hill volunteered with the Family Support Group offering interview and
resume classes.

"I am the first Instructional Program Specialist for Fort Dix," Hill
said. "According to the manual,
possible of the proparam of the situation through
said." "According to the manual,
possible of the proparam of the installation through
shelping youth to develop socially,
emotionally, cognitively and physiccally, Mp passion is for the youth." "
SKIES is an Army wide program that is designed to fill in gaps in the
syouth sports programs. By offering
classes in arts, such as dance and
music, and sports, such as karate,
SKIES program, which bridges academics and sports.

"
He SKIES program, which bridges academics and sports."

He cannot advertise outside of the
onteract with (TVS). CVS does a call
and natisful not a contract with and
natisful out a contract with contract with
or are considered staff member.
SKIES program, which bridges academics and sports.

He states programs, which bridges academics and sports.

He SKIES program, which bridges academics and sports.

He SKIES program, which bridges academics and sports.

He states programs, which bridges academics and sports.

He states program, which provides of the
notation trough
on the summer of the summer of the summer of the children.

Two of the current instructors are a
part acting and favoing and drawing and for loder youth, babysitting capsol and the
proposition of the proposition of the
proposition of the proposition of the



nnouncements

Cinema Schedule

754-5139 McGuire Air Force Base Friday, Sept. 12 @ 7:30 p.m.

Swing Vote- Kevin Costner, Made-line Carroll, Paula Patton, Kelsey Grammer, Dennis Hopper, Nathan Lane, Stanley Tucci, George Lopez When the mischievous antics of a precocious 12-year-old girl result in the outcome of the United States precidential election binging on the the outcome of the United States presidential election hinging on the vote of her apathetic, likable loser of a father, the man who thought that life had long since passed him by is reluctantly thrust into the national spotlight in this political-themed comedy starring Kevin Costner.

MPAA Rating: PG-13 - Language
Run time: 1 hr. 59 min.

Saturday Matinee, Sept. 13 @ 3 p.m.

3 p.m.

Dark Knight-Christian Bale, Heath Ledger, Aaron Eckhart, Michael Caine, Maggie Gyllenhaal, Gary Oldman, Morgan Freeman
With the help of Lieutenant Jim Gordon and District Attorney Harvey Dent, Batman sets out to destroy organized crime in Gotham for good. The triumvirate proves to be effective, but they soon find themselves known as the Joker, who thrusts Gotham into anarchy and forces the Dark Knight ever closer to crossing the fine line between hero and vigilante.

MPAA Rating:PG-13, intense sequences of violence and some menace Run Time: 1 hr. 37 min.

Saturday, Sept. 13 @ 7:30 p.m.

Step Brothers-Will Ferrell, John C. Reilly, Mary Steenburgen, Richard

Reilly, Mary Steenburgen, Richard Jenkins, Adam Scott Brennan Huff (Will Ferrell) and Dale Doback (John C. Reilly) have one thing in common: they are both lazy, unemployed leeches who still live with their parents. When Brennan's mother and Dale's father marry and move in together, it turns the own to the still the

MPAA Rating: R - crude and sexu-al content and pervasive language Run time: 1 hr. 35 min.

Future Features...

Friday, Sept. 1 @ 7:30 p.m.

Pineapple Express -R-sexual references, pervasive language, and drug use Run time: 1 hr. 42 min.

Saturday, Sept. 13 @ 7:30

Sisterhood of the Traveling Pants-PG-13- Mature material and sensuality Run Time: 2 hours

Residential Refuse Col-lection

Monday: McGuire AFB 3800s and 3900s

Tuesday: All of Fort Dix

Thursday: McGuire AFB 4000s; 4400s; and 4500s

Recyclables are picked up every

Yard and Flower Garden waste is picked up every Monday and Tues-day.

Read The Post!

Chapel Services

562-2020

Sunday Services

Combined Protestant/Gospel Service will be held on Sunday, September 14 at Willow Pond Park, corner of 8th Street and Texas Avenue at 10 a.m. Following the combined service a picnic will be held. All are invited and welcome to attend

| Protestant | 9 to 10 |
|------------------|-----------------|
| a.m. Catholic Ma | s10:15 to |
| 11:15 | a.m. |
| Gospel | 11:30 a.m. to 1 |
| p.n | n. |
| Sunday School | 10 to 11:15 |
| a.n | |
| CCD | 9:15 to 10 |
| | |

Chapel 5 - Bldg. 5950, Church Street General Protestant Service......6:30 p.m.

NCO Academy Protestant Field Service - Bldg. 5417, Texas Avenue 8:30 a.m. September 7 and 14

| o episanio e i i ania i i | | |
|---|-------------|--|
| Camp Victory - Chaplain's tent Hour of Power | | |
| Protestant | | |
| Catholic | 8 to 9 a.m. | |
| Mormon | 8 to 9 a.m. | |
| Jewish | 8 to 9 a.m. | |
| | | |

Religious Services Jewish High Holy Days

Monday, Sept. 29 Rosh Hashanah Candle lighting 6:24 p.m./ Service 6:30 p.m.

Tuesday, Sept. 30 Mincha/Maariv 6:25 p.m. Wednesday, Oct. 1 Shacharis & Shofar blowing 9 a.m.

Islamic Prayer room Open 7 a.m. to 4:30 p.m. Monday through Friday - Room 24

Christian Women of the Chapel -Bible Study - All are invited to a Welcome Tea at the Main Chapel on Sept. 9, 7 p.m.

562-2767 Bldg. 5201 Maryland Avenue

Monday, Sept. 15

Early Childhood Parenting Made Fun (Birth to 6 years) Part 1 10 a.m. - Noon, ACS

Wednesday, Sept. 17 Job Fair 10 a.m. -2 p.m., Club Dix

Volunteer Advisory Council 9:30 - 10:30 a.m., ACS

Army Family Action Plan Pre-Conference Training 10:30 - 11:30 a.m., ACS

Everything You Need to About Money: Spending 10:30 a.m. - 2:30 p.m., ACS

Wednesday, Sept. 18 Becoming a Love & Logic Parent of School Aged Children, Part 1 10 a.m. - Noon, ACS

Arts & Crafts

Bldg. 6039 562-5691

Arts & Crafts will be closed August 30 for Labor Day

Registration Hours: Tues. 9 a. m. - 4:45 p.m.; Wed. & Thurs. 12 - 5 p.m. and 6-8:45 p.m.; Fri. 11 a.m. - 4:45 p.m. and Sat. 9 a.m. - 4:45 p.m.

*Framing Qualification (Lasses-Wednesdays, Sept. 3 or 17; 6 to 8:30 p.m. Cost \$10 prior to class, plus cost of materials - Get quali-fied to use our great facility. You will complete one piece as you learn to operate the equipment. You are required to bring something to frame such as a 8x10 photo or cer-tificate. All materials are available at the Frame Shop for purchase.

*Kids Pottery Course (Ages 6-9) -Sept. 6-27; 4 Saturdays, 1 to 2:30 p.m. Cost \$30

Classes cover both hand building and wheel throwing techniques. Pre-registration required.

LEGAL NOTICE

FMWR presents

CLUB DIX - 723-3272

Club Dix Hours of Operation

Java Café Monday-Friday 7 a.m. - 1:30 p.m.

Lunch Served

Tuesday -Friday 11 a.m. -1:30 p.m Saturday - Monday Closed

Bar Hours

Wednesday 5 - 10 p.m. Thursday - Saturday 6 - 10 p.m. Sunday - Tuesday Closed

Computer Lab

Monday & Tuesday 7 a.m. - 1:30

p.m.
Wednesday - Friday 7 a.m. - 10 p.m.
Saturday Noon - 10 p.m.
Sunday 10 a.m. - 6 p.m.

*Ballroom Dancing is coming to Griffith Field House. Every Thurs-day starting September 4. Learn basic routines for the waltz, swing/jitterbug, foxtrot, and an introduction to Latin Dance. Partners not required. Call 562-4888 for more iinformation about this program.

Installation Office

Taking into consideration various factors relating to safety and environmental hazard potential, Fort Dix intends to apply the Munitions Response Site Prioritization Protocol (MRSPP) at the following Munitions Response Sites (MRSs): Practice Mortar Site-01, and the Small Arms Range. The Department of Defense (DDD) has conducted live-fire training and testing of weapon systems at active and former military installations throughout the United States to ensure force readiness and defend our nation. While the DoD has made great progress in addressing the potential hazards associated with former munitions-related activities, there remains work to be done. Through direction provided by Congress, th DoD has developed the MRSPP which assigns priority for funding of defense sites containing unexploded ordnance, discarded military munitions, or munitions constituents.

The Army and Fort Dix are in the process of evaluating and scoring the applicable MRSs by applying the MRSPP. The MRSPP evaluation criteria includes assessing types of munitions that may be potentially present, assessing land uses, determining ease of access to the MRSs, and quantifying the number of people with access to these sites.

Information collected will be used to apply the MRSPP. If you have information abou the MRSs listed above or other potential MRSs associated with Fort Dix, please contact Mr. William J. Lewendoski, Project Manager, at (609)-562-2203, FAX (609)-562-5345, E mail address william.lewendoski@us.army.mil.



FORT DIX TIMMERMANN CENTER

5441 Fort Dix (8th Street at Pennsylvania Avenue)

THE 305th AIR MOBILITY WING COMMANDER WELCOMES FEEDBACK ON ALL ISSUES IMPACTING MCGUIRE

DON'T MISS THIS OPPORTUNITY!

For more information, visit www.mcguire.af.mil.

Guidon passed at Bravo Company

Jennifer Chupko
Public Affairs Staff
The Soldiers of B Co.,
Mobilization Readiness Battalion welcomed a new commander at Club Dix September
4. Incoming commander Maj.
Jonathan Moyer brings 18
years of military experience to
B Company as Capt. Benjamin
King steps down from his command position.
"Capt. King did a great Job
building a solid team at B
building a solid



Maj. Jonathan Moyer, commander of B Co., Mobilization Readiness Battalion, assumed com-mand of the unit during a ceremony at Club Dix Sept. 4. In 2001, Moyer was mobilized on active duty to serve as the A Co., Mobilization Readi-Co., Mobilization Readi-ness Battalion com-mander and the MRB S-I. Subsequently, he served as the 1079th Garrison Support Unit's Directorate of Informa-tion Magazinett and tion Management and Headquarters, Head-quarters Company com-mander. He last served as

Liberty Division undertakes support mission

Staff Sgt. Pascual Flores
1079m Garrison Support Unit
For the Soldiers and guests.
For the Soldiers of the 77th
Sustainment Brigade assigned to Fort Dix, Sept. 6 marked the begreamed of friends, family and members of the 77th Dixison was offered themselves in a variety of combant and peacetime missions accommunity.

The staff Count of the 77th Sustainment Brigade assigned to Fort Dix, Sept. 6 marked the presence of friends, family and members of the 7D IX.

This day represented a new chapter in the storied 77th Statue of mem Brigade, assigned to Fort Dix community.

The promits beginning as the Statue of Liberty of the presence of friends, family and members of the Fort Dix community.

The brigade mission is to plined Soldiers who are capations below fleptings with the second and bed of fighting, surviving and to serve until it was deactivated to serve until it was deactivated.

"As the first command serve a transport of the footsteps be the footsteps be to find the profit of the profits of the footsteps of the foot the profit of the profit of the profits of the serve and in the profit of "From its beginning as the Statue of Liberty Division in 1917, through its role as a regional readi-ness command and now as a transformation logistics sustainment brigade, the 77th unit's have distinguished themselves in a variety of combat and peacetime mis-sions across the world and at home."

Brig. Gen. Gregory Couch

Battalion Executive Offi-cer for the 77th Sustain-

The continue command of the fort Discontinue command and may are at transformation legislation in 1977, through the continue command of the fort Discontinue c

In reality the Army has reached its recruiting targets each of the last two years and is on pace to do so again this year.

"This is not a recruiting station for North Philly. We are here for anybody who wants to experience what the army is all object.

experience whaf the army is all about.

We are available for any recruiter who would like to bring prospective recruits through and anyone off the street who is just curious about what the Army is really about or just curious as to who we are and what we are doing," he said

and what we are doing, inc.
said.

Because it is important that
the public know about their
Army, the Army has taken to
educating the public on a new
level and in a most ingenious

Future grid iron greats get schooled

Lisa Evans Public Affairs Staff

Players from the National Football Players from the National Football League were busy with opening sea-son but that didn't stop the NFL Play 60 Youth Clinic from being a success on Doughboy Field Sept. 4. Thirty-five children participated in the clin-

Betsy Murphy, a worker with the NFL Organization, said the NFL's platform is to encourage children to play 60 minutes each day for exer-

football teams during training.

Murphy said she thought it was a great idea to do this with children of the military.

She added that she was disappointed the players themselves were all involved with preseason affairs and couldn't attend this clinic.

But M.J. Flammer with the Pennsylvania Liberty USO thought the Play 60 Clinic was fine without the Play 10 Clinic was fine without the Play 60 Clinic was fine without the Play 60 Clinic was fine without the Play 10 Clinic was fine without the Play 60 Clinic was fine without the P

platform is to encourage children to play 60 minutes each day for exercise.

The NFL promotes the 60 minutes of play by holding clinics
throughout the United States and
tracehing exercises and moves used by

The NFL promotes the 60 minutes of play by holding clinics
throughout the United States and
tracehing exercises and moves used by

The NFL promotes the 60 minutes of play by holding clinics
throughout the United States and
tracehing exercises and moves used by

The NFL promotes the 60 minutes of play by holding clinics
the professionals were a no show, the
the professional severa and shout exercise and hydration, the
bout exercise and hydration, the
bout exercise and hydration, the
shout exercise and hydration, the
bout exercise and hydrati

ticipant, and as a coach for the children.

"He's into football," said Chin about his son. "This will give him some discipline and a chance to see Soldiers doing something and to se what's available to our kids. We're showing off the Army to the families."

showing off the Army to the families."

Matthew himself had little to say, but as the tallest player there, he stood out as he learned football moves, taking care not to run over the same talled to the same talled talled

kudos, and to Fort Dix for hosting the event."

Four training stations included running and catching a ball thrown from behind, running through obstacles with a ball and passing it off, catching a ball thrown from in front over a long distance, and runners meeting from opposite sides for touch tackle. Participants went through all four stations, practicing each move several times. All of the children held and threw the football, chased each other, and ran for touchdowns.

children held and threw the football, chased each other, and ran for touch-adowns.

Sgt. Denise Powell, of the Fort Dix Chapel, enjoyed her day as a volunter coach.

"It was wonderful and interesting and interesting sailor who had no children and a man interning with NFL Films."



photos by Lisa Evans

Flag Football Flag football seasor begins in October and interested parties car sign up at the Griffith Field House.

RUNNING WILD -- Patrick Fryer, 11, runs through drills at the NFL Play 60 Youth Clinic, held Sept. 4 at Doughboy field. The program encourages children to play and exercise 60

House Saturday & Sunday 9 a.m. to 5 p.m. Monday - Friday 6 a.m. to 9 p.m.

Griffith Field

Sports

Combat Fitness Challenge

Maximize the bene-s of standard physical fitness training at the Griffith Field House. The Combat Fitness Training Chal-lenge, every Monday and Wednesday from 6:30 a.m. -7:30 a.m. is an intense military-style group workout given by certified Grif-fith Field House per-sonal trainers and Army master fitness trainers.

The class includes

Call Chris O'Don-nell at (609) 562-4888 for more information about how to sign up for flag football.

photos by Lisa Evans

Shorts

running, military-style calisthenics and drill exercises, cardio kick-boxing and more.



BASIC SKILLS -- Jordon Minden, 10, above photo, runs over obstacles during the NFL Youth Clinic Sept. 4. during the NFL Youth Clinic Sept. 4. Vernon Johnson, 9, left, Averyanne Vinson, 7, bottom left photo, and Brandon Johnston, 12, below, run through different football drills dur-ing the clinic.



BENEFIT BASEBALL/SOFTBALL GAME

(TRENTON THUNDER) **ONE THUNDER ROAD** TRENTON, N.J.

Friday, September 26, 2008 7:00PM (Rain Date: Sunday, September 28, 2008)

ARMY VS JERSEY TROOPERS

BENEFICIARIES:

Family of DSFC Dwayne M. Kelley #4806 & Wounded Soldiers (Fort Dix-WTU) of NJ

CONCESSIONS WILL BE OPEN TICKET DONATION:\$10.00



Mark Wettengel - (848) 992-1643 Troopers James Fish - (609) 915-8106 Troopers Miguel Cartagena - (609) 203-1186 Troopers

e checks payable to State Police

